

Circumcision After-Care Information (English)

1. Vaseline

The wound and the glans are covered with Vaseline ointment (vaselinum album) after the procedure. This has the same result as a plaster: it protects the wound and ensures the glans does not stick to the nappy or underpants. If your son wears nappies it is important to reapply the Vaseline whenever you change the nappy. You can stop doing this 1-2 weeks after the procedure.

2. Bleeding

A little bleeding is normal (small blood spots in nappy or underpants). But if the wound really starts bleeding (dripping), please contact the doctor on call at the Besnijdenis Centrum Nederland on telephone number 035-692 9213.

If necessary, you have to return to the centre where your son has been circumcised to have the bleeding treated.

3. Urinating

Your son must have urinated within 12 hours after the circumcision. If this does not happen, you must call us on 035-692 9213.

4. Painkillers

You should give your son a Paracetamol suppository one hour before the circumcision. After the operation you might give him Paracetamol suppositories every six hours, according to the following dosage:

Weight patient	Paracetamol dose
< 5 kilos:	One 60 mg paracetamol suppository
5 - 7 kilos:	One 120 mg paracetamol suppository
7 - 15 kilos:	One 240 mg paracetamol suppository
15 - 30 kilos:	One 500 mg paracetamol suppository (or tablet)
> 30 kilos:	One 1000 mg paracetamol tablet

5. Baths

From the day after the circumcision, bathe your son once or twice a day for 15 minutes in a bath with clean, hand-warm water to clean the penis and the wound. Please do not use soap or shampoo. Reapply Vaseline to the glans and the wound after the bath.

6. Stitches

The stitches will dissolve and come off after 2 to 3 weeks.

7. Swelling, skin turning blue

The first few days after the circumcision the penis can be a little swollen and the penis and scrotum can look bruised. This is caused by the anaesthetic injection. This will disappear on its own.

8. Yellow substance on the glans

The glans may become covered with a yellowish substance that may look like an infection (pus) or like a piece of skin. However, this yellow substance is harmless and will disappear within a week when bathed as above.

9. Infection

If the penis turns swollen, red and painful 5-7 days after the operation, the wound is probably infected. Infants often start drinking poorly when they are in pain. If an infection occurs, you should contact your GP or call the doctor on call at the Besnijdenis Centrum Amsterdam on telephone number 035-692 9213.

10. Check-up

If the result is good and the wound is healing normally, a check-up is not required. If there is a reason for a check-up, you can call for an appointment on Tuesday or Friday on telephone number 035-6929213 or send an e-mail to info@besnijdeniscentrum.nl